

2018 14th Annual Rubber Chicken Relay (Run or Walk)

8-miles Total, FLAT and FAST

- When: Thursday, November 22, 2018 Thanksgiving Morning, **Race Starts at 9:00**
(This is a **Day of Race Entry ONLY.**) Registration starts at 8:00 AM
- Where: By Lewiston's train bridge parking lot at the duck ponds (near 5th Street and Dike Bypass Road, More parking available near Lewiston Morning Tribune building).
- What: 2 x 2 person x 2-mile relay (8-miles total). Each runner/walker will complete two 2-miles legs alternating with his/her teammate.
- Why: In the theme of the day all proceeds will be donated to the Idaho Food Bank in Lewiston.
- Entry: \$4.00 per runner and one can of food or non-perishable food item.
- Restrooms: As you can tell by the entry fee this is a low budget event with all proceeds going to said charity listed in the "WHY" section above. In short, we will not have port-a-potties. Restrooms are usually open near the confluence (about a quarter mile away) and about a half mile to the east.
- Divisions: Results will be posted for the following eleven (11) categories
- | | |
|---------------------------------------------|-------------------------------------------|
| 1. Hens (women) | 7. Stew Hens (women combined age > 100) |
| 2. Roosters (male) | 8. Stew Roosters (men combined age > 100) |
| 3. Hen and Rooster (co-ed) | 9. Stew chicken (coed combined age > 100) |
| 4. Hatchlings Girls (aka high school teams) | 10. Solo Female |
| 5. Hatchlings Boys (aka high school teams) | 11. Solo Male |
| 6. Hatchlings Coed (aka high school teams) | |

Team Name: _____

Runner #1 Name _____ Sex (please circle one) M F Age: _____

Runner #2 Name _____ Sex (please circle one) M F Age: _____

Please read and sign the obligatory athlete release below:

In consideration of the acceptance of my entry, I do hereby acknowledge that I assume all risks resulting from, and I do hereby, for myself, my heirs, my executors and/or administrators, waive, release and forever discharge any and all sponsors and organizers, their officers, agents and assigns, the race directors (David Charles "Chuck" Ross, esq. and Kaid Edward "Ed" McKay, esq.) and volunteers from any and all liability arising from illness, injuries, temporary insanity or damages I may suffer as a result of my preparation for or participation in the 14th Annual Rubber Chicken Relay. I also understand that if I feel the need only to eat pizza, vegemite toast, hummus with pita bread and teriyaki chicken on this Thanksgiving Day it is not a result of participating in this race but rather a positive side effect of an increasingly globalized world where regional cuisine is enjoyed worldwide and has nothing to do with your third grade school cafeteria lunch lady (she probably wants you to eat brussels sprouts and hot dogs).

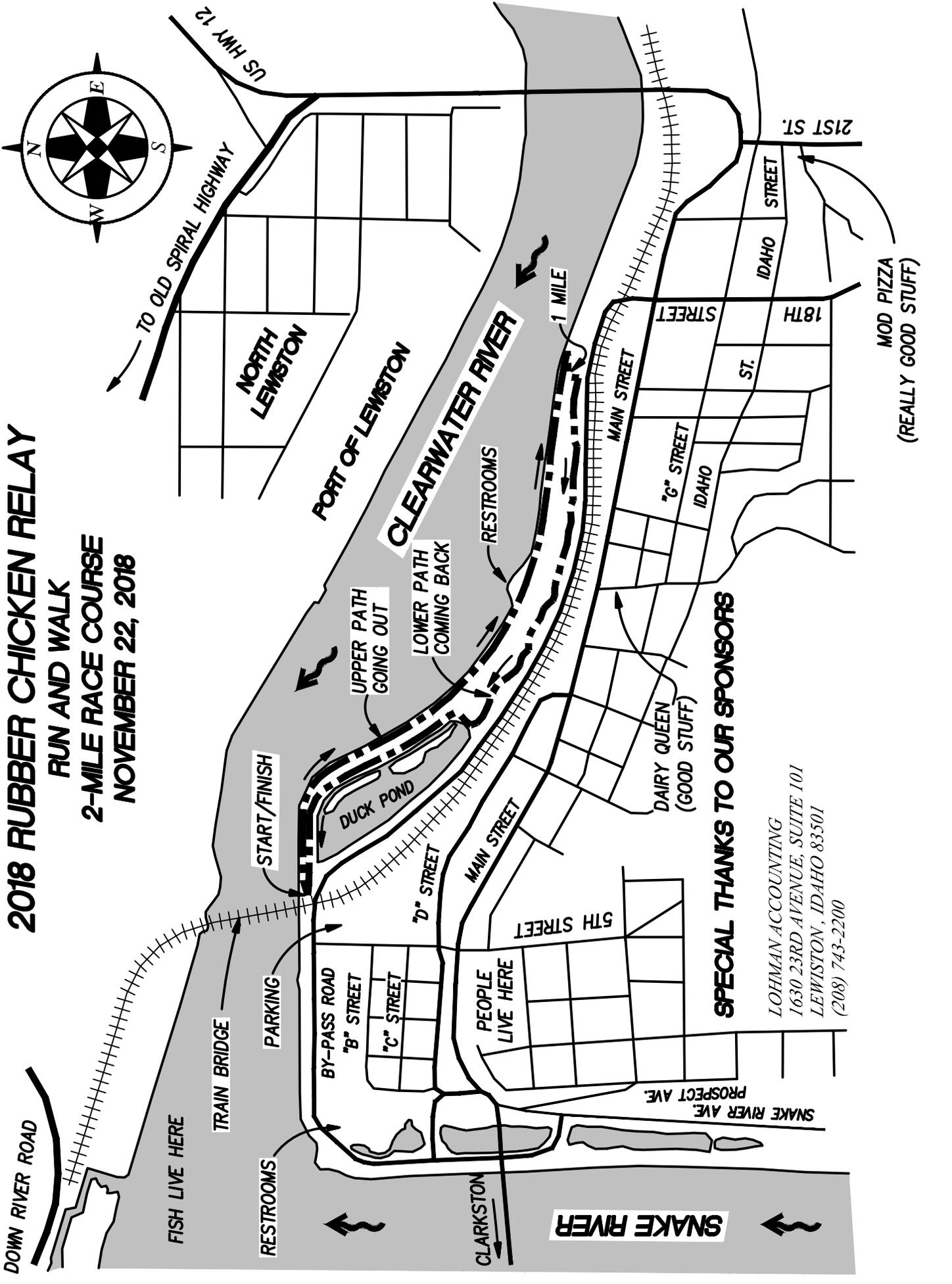
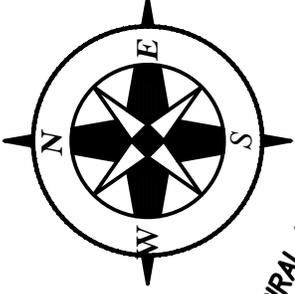
Signature: _____ Date: 11/22/2018 Favorite Soda Pop Flavor: _____

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For concerns or to complain about your job call Dave Ross at (509) 947-5069 or-mail runnerross@hotmail.com

For questions, race information or give praise call Kaid McKay at (503) 828-8831 or e-mail kaid01.km@gmail.com

2018 RUBBER CHICKEN RELAY
RUN AND WALK
2-MILE RACE COURSE
NOVEMBER 22, 2018



SPECIAL THANKS TO OUR SPONSORS

LOHMAN ACCOUNTING
 1630 23RD AVENUE, SUITE 101
 LEWISTON, IDAHO 83501
 (208) 743-2200

MOD PIZZA
 (REALLY GOOD STUFF)

SNAKE RIVER AVE
 PROSPECT AVE

SNAKE RIVER

CLARKSTON

RESTROOMS

FISH LIVE HERE

TRAIN BRIDGE

PARKING

START/FINISH

DUCK POND

UPPER PATH
GOING OUT

LOWER PATH
COMING BACK

RESTROOMS

CLEARWATER RIVER

1 MILE

MAIN STREET

STREET

ST.

187H

IDAHO STREET

21ST ST.

NORTH LEWISTON

PORT OF LEWISTON

US HWY 12

TO OLD SPIRAL HIGHWAY

DOWN RIVER ROAD

PEOPLE LIVE HERE

5TH STREET

'D' STREET

MAIN STREET

DAIRY QUEEN
(GOOD STUFF)

'G' STREET

IDAHO

ST.

187H

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