



SEAPORT STRIDERS RUNNING CLUB
30th ANNUAL



Run for the Hill of It

RACE UP LEWISTON'S OLD SPIRAL HIGHWAY



RoadID
It's Who I Am.

Saturday, May 13, 2017, 9:00 AM

8 MILE COURSE, 2000' ELEVATION

Note: Course start location & thus distance may change – We will post update if this happens.

Registration: Check-in and same-day registration from 8:00am at 313 W 22nd St. in North Lewiston.
For more information, contact our race director Hannah Gibbs at gibbs.hannah@gmail.com.

Cost: \$10.00 run only or \$25.00 with a T-shirt if you pre-register before April 26th. Fees after April 26th are \$15.00 run only or \$30.00 with a T-shirt. Must register by April 26th to guarantee a shirt. Seaport Striders Club Members receive a \$2 Discount! **Mail entry form and check payable to: Seaport Striders, P.O. Box 20, Lewiston, ID 83501.** No refunds available.

Awards: Awards to top male & female finishers, 1st place team, and ribbons for all age-group winners. Possible finisher medals again this year.

Name: _____ Phone: _____ Age _____

Address: _____

City: _____ St: _____ E-mail: _____ Gender: **M F**

Release, Waiver, Assumption of Risk & Indemnification: In consideration of the acceptance of my entry, I do hereby acknowledge that I assume all risks resulting therefrom, and I do hereby, for myself, my heirs, my executors and/or administrators, waive, release, and forever discharge any and all sponsors and organizers, Seaport Striders Running Club, their officers, agents and assigns, the race director and volunteers from any and all liability arising from illness, injuries, or damages I may suffer as a result of my participation in this event. I understand that there will be no traffic control on the course and that I must watch for vehicles at intersections and on the roadway.

Signature: _____ Date: _____

Parent/Guardian: _____ Date: _____ (applicants under 18)

Circle all that apply:

Race: Solo Run Relay Team (4 mbrs max) - Team Name _____

\$ **10.00** – Run Fee, Adults

\$ **5.00** – Run Fee, Students 18 and under.

\$ **0.00** – Run Fee, Children 5 and under (must be accompanied by paying adult).

\$+**15.00** - Tech shirt **Circle Size:** **S M L XL XXL (add \$3)**

\$ + **5.00** - Late Fee for all entrants after **April 26th.** **Shirts not guaranteed for late entrants.**

\$ + **7.00** - Seaport Striders club membership for 2017! Receive \$2 discounts at club runs!

\$ - **2.00** - **Subtract \$2.00** I am a 2017 member of the Seaport Striders Running Club!

\$ _____ **TOTAL**

Non-Members are Welcomed too! Please Join Us!