

## Run For the Hill of It

The Seaport Striders "Run For the Hill of It" was held on Saturday, May 17th, with 47 competitors running from the North Lewiston rose garden to the overlook at the top of the Old Spiral Highway. The race is 8 miles long, with a climb in elevation of over 2000ft. Race Director Debbie Hopson Taylor said the weather was sunny and warm, so they added an additional water station along the route, for a total of four. Refreshments at the finish line on top of the hill included fresh doughnuts and ice cold Summer Ale, favorites of the runners who compete in this race annually. New this year were complimentary therapeutic massages at the finish line, provided by A.J. Herres.

### First Place Overall Winners:

Male: **Riley Rex**, of Pullman, Finish time of 54:19

Female: **Audrey Squires**, of Moscow, Finish time of 1:05:10

### Age Group Winners:

#### Male:

Age 20-24	Chris Keil	58:07
Age 25-29	Alex Way	55:30
Age 30-34	Spencer Plumb	56:49
Age 35-39	N/A	
Age 40-44	Wayne Bunce	55:21
Age 45-49	Darin Paulson	1:21:08
Age 50-54	Chris Peery	1:06:22
Age 55-59	Cecil Williams	1:01:16
Age 60-64	Bob Simpson	1:21:53
Age 65-69	Larry Haws	1:24:38
Age 70+	George Topping	1:49:04

#### Female:

Age 20-24	N/A	
Age 25-29	Kindra Walker	1:20:51
Age 30-34	Sarah Emerich	1:25:42
Age 35-39	Stacia McKee	1:39:05
Age 40-44	Melissa Stoker	1:49:50
Age 45-49	Lisa Loughran	1:58:50
Age 50-54	Sara Craig	1:45:04
Age 55-59	Sue Jacobson	1:21:23
Age 60-64	Kerry Hamilton	1:56:51
Age 65-69	Jane Updegrove	1:49:50
Age 70+	N/A	