

# SEAPORT STRIDERS RUNNING CLUB

23<sup>rd</sup> ANNUAL

## LEWIS-CLARK HALF MARATHON & 5K

Saturday, October 16, 2021, 9:00 AM

Granite Lake Park -- Chip-Timed Race

**Course closes at 12:15pm.**

**8:30am early start is ONLY for those that cannot finish by 12:15pm**

**Early start MUST be coordinated with Race Director PRIOR to starting\***



**Registration:** Check-in and same-day registration from 7:30-8:30 a.m. at Granite Lake Park. The park is located at 848 Port Way, just north of the Clarkston Holiday Inn next to the Snake River. For more run information, contact [RD@RomneyH.com](mailto:RD@RomneyH.com). Visit our website, [www.seaportstriders.com](http://www.seaportstriders.com), for more club information.

**Cost:** \$15.00 run only or \$30.00 with shirt if you pre-register by September 29<sup>th</sup>. Fees after September 29<sup>th</sup> are \$20.00 run only or \$35.00 with shirt. Must register by September 29<sup>th</sup> to guarantee a shirt. Seaport Striders Club Members receive a \$2 Discount!

**Mail entry form and check payable to: Seaport Striders, P.O. Box 20, Lewiston, ID 83501. No refunds.**

**Course:** Both the Half-Marathon and 5K routes are out-and-back courses along the Snake River on the Greenbelt Trail System. This paved trail is mostly flat with multiple water & bathroom stops available. Stroller, dog, & walker friendly – just be mindful of other participants, please. *Also, please ensure you return your assigned timing chip at the end of the race.*

**Awards:** Top-3 male and female & age-group ribbons. Medals for half marathon finishers.

**Kids' Run:** Kids will start at 8:30am so guardians can warm up a child in the Kids' Run and then participate in the 5k or Half Marathon. For the Kids' Run, we will announce times as children finish, but not report times publicly. Participants will be issued bibs and receive a participation award.

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_ Sex: M F Race Day Age: \_\_\_\_\_

**Release, Waiver, Assumption of Risk & Indemnification:** In consideration of the acceptance of my entry, I do hereby acknowledge that I assume all risks resulting there from, and I do hereby, for myself, my heirs, my executors and/or administrators, waive, release, and forever discharge any and all sponsors and organizers, Seaport Striders Running Club, Port of Clarkston, their officers, agents and assigns, the race director and volunteers from any and all liability arising from illness, injuries, or damages I may suffer as a result of my participation in the Lewis-Clark Half Marathon & 5K Run. I understand that there will be no traffic control on the course and that I must watch for vehicles at intersections and on the roadway.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_ (applicants under 18)

**Circle ALL that apply:**

**Run:      KIDS (1mile)                      5K                      HALF MARATHON**

\$ 0.00 – Kid's 1 mile Run Fee

\$ 15.00 – Run Fee, Adults

\$ 5.00 – Run Fee, Students 18 and under.

\$ 0.00 – Run Fee, Children 5 and under (must be accompanied by paying adult).

\$+10.00 – Seaport Striders Individual club membership for 2021!

\$+20.00 – Seaport Striders Family (same household, kids 18 yrs & younger) club membership for 2021!

Family members' names & ages: \_\_\_\_\_

\$ -2.00 – **Subtract \$2.00** I am a 2021 member of the Seaport Striders Running Club!

\$ +5.00 – **Late Fee for all entrants after September 29<sup>th</sup>.** Shirts not guaranteed for late entrants.

\$+15.00 – Long-Sleeve Shirt **Circle Size:** Youth: XS S M L XL Adult: S M L XL XXL (add \$3)

\$ \_\_\_\_\_ **TOTAL REGISTRATION FEE --- 2021 LEWIS-CLARK HALF MARATHON & 5K**

On-line Registration is available at [www.raceentry.com](http://www.raceentry.com) : click on Find Races & type in Seaport Striders