



**SEAPORT STRIDERS RUNNING CLUB**  
**43<sup>rd</sup> ANNUAL**  
**St. PATRICK'S DAY 5K & 10K RUN**



**Timed Race**

**Saturday, March 18, 2023 Kids @ 9:30am, Open at 10am**  
**Granite Lake Park**

**Registration:** Check-in and same-day registration starts at 8:30 a.m. at Granite Lake Park. The park is located at 848 Port Way, just north of the Clarkston Holiday Inn next to the Snake River. For more run information, contact Alan @ Alan@RomneyH.com. Visit our website, [www.seaportstriders.com](http://www.seaportstriders.com), for more club information.

**Cost:** Free 1-mile Kids' Run. \$15.00 Open run only or \$30.00 with a shirt if you pre-register by March 11<sup>th</sup>. Fees after March 11<sup>th</sup> are \$20.00 run only or \$35.00 with a shirt. You must register by February 25<sup>th</sup> to guarantee a shirt. Youth shirts must be ordered by February 27<sup>th</sup>. Seaport Striders club members receive a \$2 discount!

**Mail entry form and check payable to: Seaport Striders, P.O. Box 20, Lewiston, ID 83501. No refunds.**

**Course:** 5K runners will do an out-and-back on the Greenbelt Trail System. 10K runners will cross over the Interstate Bridge to Lewiston, and then run south along the Snake River to cross the Southway Bridge back to Clarkston, then north along the river trail to the finish line at the park.

**Awards:** Top-3 overall & Top-3 age-group. There will be random drawings for door prizes & prizes for the kids.

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_ Gender: **M F** Race Day Age: \_\_\_\_\_

**Release, Waiver, Assumption of Risk & Indemnification:** In consideration of the acceptance of my entry, I do hereby acknowledge that I assume all risks resulting therefrom, and I do hereby, for myself, my heirs, my executors and/or administrators, waive, release, and forever discharge any and all sponsors and organizers, Seaport Striders Running Club, Port of Clarkston, their officers, agents and assigns, the race director and volunteers from any and all liability arising from illness, injuries, or damages I may suffer as a result of my participation in this event. I understand that there will be no traffic control on the course and that I must watch for vehicles at intersections and on the roadway.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_ (applicants under 18)

**Circle ALL that apply:**

**Race Distance:**      **1-mile Kids' Run**                      **5K**                      **10K**

\$ **15.00** – Run Fee, Adults

\$ **5.00** – Run Fee, Students 18 and under.

\$ **0.00** – Run Fee, Children 5 and under (accompanied by a paying adult), 5k or 10k.

\$ **0.00** – Run Fee, 1-mile Kids' Run.

\$**+10.00** – Seaport Striders Individual club membership for 2023!

\$**+20.00** – Seaport Striders Family (same household, kids 18 yrs & younger) club membership for 2023!

Family members' names & ages: \_\_\_\_\_

\$ **-2.00** – **Subtract \$2.00** I am a 2023 member of the Seaport Striders Running Club!

\$ **+5.00** – **Late Fee for all entrants after March 11<sup>th</sup>.** **Shirts not guaranteed for late entrants.**

\$**+15.00** – Long-Sleeve Shirt      **Circle Size:** **Youth:** XS S M L XL **Adult:** S M L XL XXL **(add \$3)**

\$ \_\_\_\_\_ **TOTAL REGISTRATION FEE --- 2023 ST-PATRICK'S DAY 5K & 10K RUN**