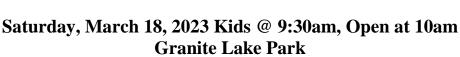


## SEAPORT STRIDERS RUNNING CLUB 43<sup>rd</sup> ANNUAL

## St. PATRICK'S DAY 5K & 10K RUN

## **Timed Race**





**Registration:** Check-in and same-day registration starts at 8:30 a.m. at Granite Lake Park. The park is located at 848 Port Way, just north of the Clarkston Holiday Inn next to the Snake River. For more run information, contact Alan @ Alan@RomneyH.com. Visit our website, www.seaportstriders.com, for more club information.

**Cost:** Free 1-mile Kids' Run. \$15.00 Open run only or \$30.00 with a shirt if you pre-register by March 11<sup>th</sup>. Fees after March 11<sup>th</sup> are \$20.00 run only or \$35.00 with a shirt. You must register by February 25<sup>th</sup> to guarantee a shirt. Youth shirts must be ordered by February 27<sup>th</sup>. Seaport Striders club members receive a \$2 discount!

Mail entry form and check payable to: Seaport Striders, P.O. Box 20, Lewiston, ID 83501. No refunds.

**Course:** 5K runners will do an out-and-back on the Greenbelt Trail System. 10K runners will cross over the Interstate Bridge to Lewiston, and then run south along the Snake River to cross the Southway Bridge back to Clarkston, then north along the river trail to the finish line at the park.

Name:					
Address:					
E-mail:		Gender:	M F	Race Day Age:	
assume all risks resulting discharge any and all spor director and volunteers fre event. I understand that the	therefrom, and I do hereby, for myst nsors and organizers, Seaport Strider om any and all liability arising from here will be no traffic control on the	elf, my heirs, my execurs Running Club, Port of illness, injuries, or dan course and that I must	ntors and/or adr of Clarkston, th mages I may sur watch for vehic	my entry, I do hereby acknowledge that ministrators, waive, release, and forever eir officers, agents and assigns, the race ffer as a result of my participation in the eles at intersections and on the roadway	
Signature:	Date:				
Parent/Guardian:		Date:	(applic	ants under 18)	
Circle ALL that a	pply:				
Race Distance:	1-mile Kids' Run	5K	10K		
\$ 15.00 – Run Fee, A \$ 5.00 – Run Fee, S	Adults Students 18 and under.				
•	Children 5 and under (accomp	anied by a paying	adult), 5k or	10k.	
<b>\$ 0.00</b> – Run Fee, 1	-mile Kids' Run.				
\$+10.00 - Seaport St	riders <u>Individual</u> club membe	rship for 2023!			
-	riders Family (same householembers' names & ages:	•	_	•	
•	\$2.00 I am a 2023 member of				
	for all entrants after March	_	-		
\$+15.00 – Long-Slee (add \$3)	ve Shirt <u>Circle Size:</u> Yo	outh: XS S M	L XL A	Adult: S M L XL XXL	
\$ T		EEE 2022		ICK'S DAY 5K & 10K RUI	