

# SEAPORT STRIDERS RUNNING CLUB

37<sup>th</sup> ANNUAL

## Run for the Hill of It

*Race up Lewiston's Old Spiral Highway*

**Saturday, May 17, 2025, 9:00 AM**

**7 Mile Course, 1700' Elevation Change**

***Timed Race.***



**Registration:** Check-in and same-day registration from 8:00am – 8:50am on Wall St (across from Old Spiral Hwy), in North Lewiston, Idaho. For more run information, contact Wayne at [Wayne@RomneyH.com](mailto:Wayne@RomneyH.com). Visit our website, [www.seaportstriders.com](http://www.seaportstriders.com), for more club information.

**Cost:** \$15.00 run only or \$33.00 with a shirt if you pre-register by May 9<sup>th</sup>. Fees after May 9<sup>th</sup> are \$20.00 run only or \$38.00 with a shirt. Must register by May 2<sup>nd</sup> to guarantee a shirt. Seaport Striders Club Members receive a \$2 Discount! **Mail entry form and check payable to: Seaport Striders, P.O. Box 20, Lewiston, ID 83501. No refunds.**

**Course:** Start at the base of the Old Spiral Highway to finish line near the Lewiston Overlook. You are responsible for your own ride down.

**Awards:** Awards to top male & female finishers and ribbons for all age-group winners.

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_ Sex: M F Race Day Age: \_\_\_\_\_

**Release, Waiver, Assumption of Risk & Indemnification:** In consideration of the acceptance of my entry, I do hereby acknowledge that I assume all risks resulting therefrom, and I do hereby, for myself, my heirs, my executors and/or administrators, waive, release, and forever discharge any and all sponsors and organizers, Nez Perce Country, the Seaport Striders Running Club, their officers, agents and assigns, the race director and volunteers from any and all liability arising from illness, injuries, or damages I may suffer as a result of my participation in this event. I understand that there will be no traffic control on the course and that I must watch for vehicles at intersections and on the roadway.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_ (applicants under 18)

### **Circle ALL that apply:**

\$ 14.15 – Run Fee, Adults (\$15 with Idaho Sales Tax)

\$ 4.71 – Run Fee, Students 18 and under (\$5 with Idaho Sales Tax)

\$ 0.00 – Run Fee, Children 5 and under (must be accompanied by paying adult)

\$+10.00 – Seaport Striders Individual club membership for 2025!

\$+20.00 – Seaport Striders Family (same household, kids 18 yrs & younger) club membership for 2025!

Family members' names & ages: \_\_\_\_\_

\$ -1.88 – **Subtract \$1.88 (\$2 with Idaho Sales Tax)** I am a 2025 member of the Seaport Striders Running Club!

\$ +4.71 – **Late Fee for all entrants after May 9<sup>th</sup> (\$5 with Idaho Sales Tax).**

\$+16.98 – Tee-Shirt (\$18 with Idaho Sales Tax) **Circle Size:** Youth XS S M L XL Adult S M L XL XXL

\$ \_\_\_\_\_ **TOTAL REGISTRATION FEE --- 2025 RUN FOR THE HILL OF IT**

On-line Registration is available at <https://seaportstriders.com/product-category/run-for-the-hill-of-it/>.